

**Humanities Department, Uka Tarsadia University**

**Counselling Report**

**(Submitted By Shubhangi Moghe)**

**B.A. Journalism and Mass Communication**

**General Information:-**

**Date:-** 05.03.2022

**Name:-** Ashmita Gamit

**Age:-** 19 years

**Gender:-** Female

**Course: -** BA (JMC)

**Family members:-** Father, mother and 1 elder brother.

**Chief Complaints:-** According to her, she is an introvert person. She feels her communication skills are not good. She is afraid of speaking in English. She wants to learn but according to her, it is a difficult language. She loves to make new friends. She doesn't speak much. Her words were clear and she spoke very politely. During the session, she had a smile on her face and she answered all the questions confidently.

**General Information:-**

**Date:-** 31.03.2022

**Name:-** Kuldeep

**Age:-** 20 years

**Gender:-** Male

**Course: -** BA (JMC)

**Family members:-** Father, mother and 1 younger sister.

**Chief Complaints:-** He was not well and sleeps late at night. According to him, he has interest in bike riding, loves to do photo editing and playing games on computer. He was good in studies before lockdown but after lockdown, he has no interest in doing anything. He just wants to roam here and there with his friends. He has lot of friends and he likes the company of his friends. He has no interest in studies but has interest and knowledge in computer.

**Photo Gallery:-**

